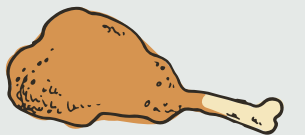


UN PUÑADO

de cacahuete tiene las mismas
cantidad de proteínas que

tiene estos
beneficios



1 PIERNA
DE POLLO



1 MANO LLENA
DE FRIJOLES



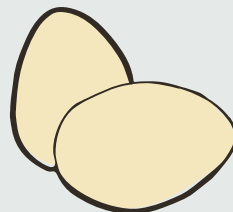
3 MAZORCAS
DE MAÍZ



2 VASOS
DE LECHE



16 PORCIONES
DE CAMOTES



2 HUEVOS



CORAZÓN
SANO



NUTRIENTES
PARA MADRES



PESO
ADECUADO



NUTRIENTES
PARA NIÑOS



MÁS
ENERGIA



VIDA
MÁS LARGA

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This graphic was made possible through support provided by the Office of Agriculture, Research and Policy, Bureau of Food Security U.S. Agency for International Development, under the terms of Award No. AID-ECG-A-00-07-0001. The opinions expressed herein are those of the author(s) and do not necessarily reflect the views of the U.S. Agency for International Development. The University of Georgia is committed to principles of equal opportunity and affirmative action. CAES OCCS FY16